Fertile Question: What part does my gender play in constructing who I am?

Core Content Area 3: Integration and transformation

TOPIC 3.2: Changed forever

Depthing Understanding: A case study in change

In this lesson students will examine the life journey of saints, spiritual leaders and ordinary everyday people whose lived experience led to a lasting transformation in their spiritual selves.

LESSON

Teachers: Before You Start!

1. Familiarise yourself with the resources referred to in this unit.

STUDENTS

For students to examine the life journey of saints, spiritual leaders and ordinary everyday people whose lived experience led to a lasting transformation in their spiritual selves, compete the following activities:

1. Investigate the lives of ordinary everyday people as a way of illustrating how a person’s spirituality incorporates: lived experience, deliberate action, integration and transformation.

   a. Choose a spiritually aware person from your everyday life to investigate.

      i. Investigate the life of your chosen person. Record significant facts about their life and their spirituality in the light of their experiences, their deliberate actions, how their spirituality was integrated into their whole life and transformative experiences described. Record your information in a retrieval chart using relevant headings. Would the experiences of your chosen person have been different if they had been of the opposite sex?

2. Investigate the life of a saint or spiritual leader as a way of illustrating how a person’s spirituality incorporates: lived experience, deliberate action, integration and transformation.

   a. Choose a person from the following list or other, as agreed to by your teacher: St Paul, St Damian of Molokai, Blessed John XXXIII, St Francis of Assisi, St Catherine of Siena, Thomas Merton, Dorothy Day, Sarah and Angelina Grimke, Mum Shirl etc.

      i. Investigate the life of your chosen person. Record significant facts about their life and their spirituality in the light of their experiences, their deliberate actions, how their spirituality was integrated into their whole life and transformative experiences described. Record your information in a retrieval chart using relevant headings. Would the experiences of your chosen person have been different if they had been of the opposite sex?

      ii. Using the information you have, write a short biography of your chosen person. This may be done simply in Word or by creating a Fakebook page.
Acknowledgement

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