Fertile Question: *How can I create my preferred future?*

Core Content Area 2: Prepare!

**TOPIC 2.1: Handling things**

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**Extending Knowledge: Finding the right help**

In this lesson students will investigate organisations that can assist people in times of need.

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**Teachers: Before You Start!**

1. Familiarise yourself with the websites referred to in this lesson.

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**For students to investigate organisations that can assist people in times of need, select from the following activities:**

1. Research and critique the websites for major support agencies.
   a. Form learning teams of four to investigate and critique one of the following: Centacare, Reach Out, R U OK?, Lifeline, Beyond Blue, Kids Helpline.
      i. Access your allocated web page and explore its contents and effectiveness as a medium to support someone in crisis.
      ii. Create a brief summary that includes a PMI (plus minus interesting) about the site and provides answers to the following questions: The five W's of website evaluation and What services does it provide for young people?
      iii. Discuss your answers with other group members. Select one member of the group to be spokesperson.
      iv. Share findings with the class.
   b. Discuss reasons people might not seek help if they were in trouble.
      i. Access the R U OK website and read how to start an R U OK conversation.
      ii. Consider participating in an R U OK day.

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